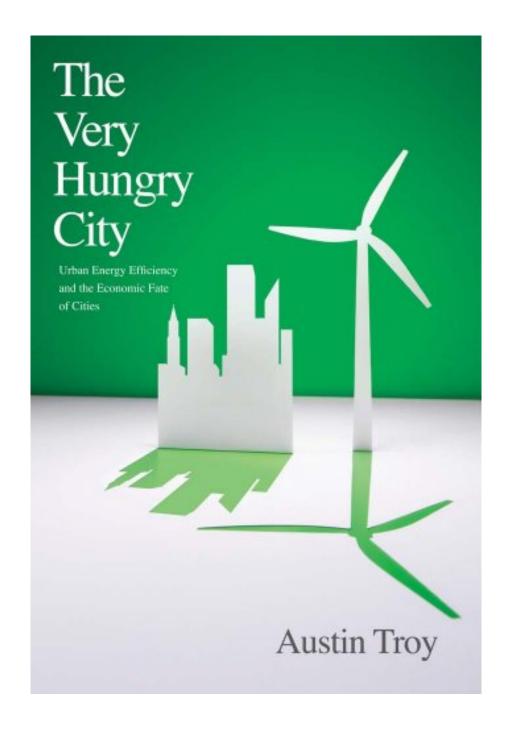


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Review

"Austin Troy delivers a fascinating—and chilling—look at our cities' dangerous dependence on an unpredictable world energy market. He shows why we need to break our addiction to cheap energy, and offers practical solutions on how to do it."—Arianna Huffington, co-founder and Editor-in-Chief of The Huffington Post (Arianna Huffington 2011-03-07)

"Engagingly written and meticulously researched, The Very Hungry City is a must-read for those who are interested in how energy is currently used in our communities and how those communities can use less while actually improving the quality of life."—Peter Shumlin, Governor of Vermont

(Peter Shumlin 2011-01-26)

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About the Author

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As global demand for energy grows and prices rise, a city's energy consumption becomes increasingly tied to its economic viability, warns the author of The Very Hungry City. Austin Troy, a seasoned expert in urban environmental management, explains for general readers how a city with a high "urban energy metabolism"—that is, a city that needs large amounts of energy in order to function—will be at a competitive disadvantage in the future. He explores why cities have different energy metabolisms and discusses an array of innovative approaches to the problems of expensive energy consumption.

Troy looks at dozens of cities and suburbs in Europe and the United States—from Los Angeles to Copenhagen, Denver to the Swedish urban redevelopment project Hammarby Sjöstad—to understand the diverse factors that affect their energy use: behavior, climate, water supply, building quality, transportation, and others. He then assesses some of the most imaginative solutions that cities have proposed, among them green building, energy-efficient neighborhoods, symbiotic infrastructure, congestion pricing, transit-oriented development, and water conservation. To conclude, the author addresses planning and policy approaches that can bring about change and transform the best ideas into real solutions.

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Most helpful customer reviews

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Energy Use Optimization, Spearhead of Urban Competitiveness

By Serge J. Van Steenkiste

Austin Troy explores the economic competitiveness of cities in the light of what he calls their urban energy metabolism, i.e., the different rates at which cities consume energy. The drivers of this urban energy metabolism are for example climate, access to water, the quality of buildings, industrial use, and transportation/urban development. Too many American cities are car-dependent, sprawling agglomerations. Think for example about Atlanta, Dallas, and Los Angeles. In European and Asian cities, ownership of a car is far more a liability than an asset.

Mr. Troy rightly warns his audience against complacency. Energy prices are not guaranteed to remain low forever. The author calls for both improving energy efficiency and developing new clean energy generation capacity. Mr. Troy usually explores the pros and cons of the different energy sources with objectivity in what he calls "interlude." However, the author is clearly too pessimistic about nuclear power, by far the leading U.S. electricity source which does not emit greenhouse gases. The U.S. Nuclear Regulatory Commission recently approved the Westinghouse Advanced Passive 1000 nuclear power plant design and the construction and operating license for the two-reactor Plant Vogtle expansion in Georgia. Nonetheless, Mr. Troy rightly lambastes the incoherent U.S. policy for the management, reprocessing, and/or disposal of spent fuel from commercial nuclear reactors.

Mr. Troy looks at a wide variety of cities such as Bangkok, Copenhagen, Denver, Houston, London, New York, São Paulo, and Stockholm, to identify the best practices for improving a city's energy metabolism. The author comes to the conclusion that regionalism is at the heart of a coherent urban policy in the U.S. Local planning too often leads to urban inefficiencies among competing local jurisdictions, whose costs are born heavily by the U.S. federal government. Mr. Troy notes that contrary to popular perception, regionalism is not un-American. The U.S. federal government is already involved in many aspects of community building such as transportation and infrastructure funding, environmental protection, natural hazards protection, and housing policy. The author calls for a much more effective regionalism at the U.S. federal level. Think for example about a revised conceptualization and funding of federal transportation projects, locally relevant environmental policies, changes to sprawl-inducing federal housing finance and credit policies, and urban revitalization. However, U.S. local, county, regional, and state governments also have a key role to play in improving urban energy metabolism. Cities such as Baltimore, Denver, Los Angeles, and New York have taken steps to reduce their energy footprint in the names of quality of life, economic development, or energy efficiency.

In summary, Mr. Troy calls for changes to how cities operate in the name of energy efficiency before the eventual advent of significantly higher energy prices.

1 of 1 people found the following review helpful.

Very Hungry City Provides an Interesting, Insightful Overview of Energy Issues

By Urban Reader

Very Hungry City is an excellent account of the inter-relationship between urban areas and energy, and it explains the key issues that determine the energy usage of a city--its form, modes of transportation, infrastructure, climate, etc. In doing so, Very Hungry City provides an interesting (and entertaining) analysis of the potential effectiveness of many of the tools that are currently used (or proposed) to reduce urban energy consumption and to improve quality of life in cities. The author's analysis is clear and his conclusions are straightforward and thoughtful. The conclusions of Very Hungry City portray an energy picture that is more complicated and nuanced than typically found in the mainstream media. This characteristic of Very Hungry City sets it apart from much of the information (including other books) on environmental issues and makes it a valuable read for those interested in environmental issues and for the government officials and policymakers currently deciding how best to invest the tremendous amount of resources directed towards climate change, air pollution, urban congestion, etc.

0 of 0 people found the following review helpful. useful visions with research By FarmerZita

How did New York become the greenest city in the US, by key measures? Why has LA always been carcentered, and is there any hope for LA transit? Troy uses the concept of urban metabolism to explore the past, present, and future of communities in the US, with examples from the Americas and Europe. How do we use energy, and how can we live better with less? What urban design principles make people happier and safer, and make cities healthier and wealthier?

This first edition is well structured, with interesting "interludes" on energy sources between chapters. Writing is usually engaging, sometimes list-y. Content is often compelling, sometimes questionable. Overall a worthwhile read, informative and thought provoking.

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