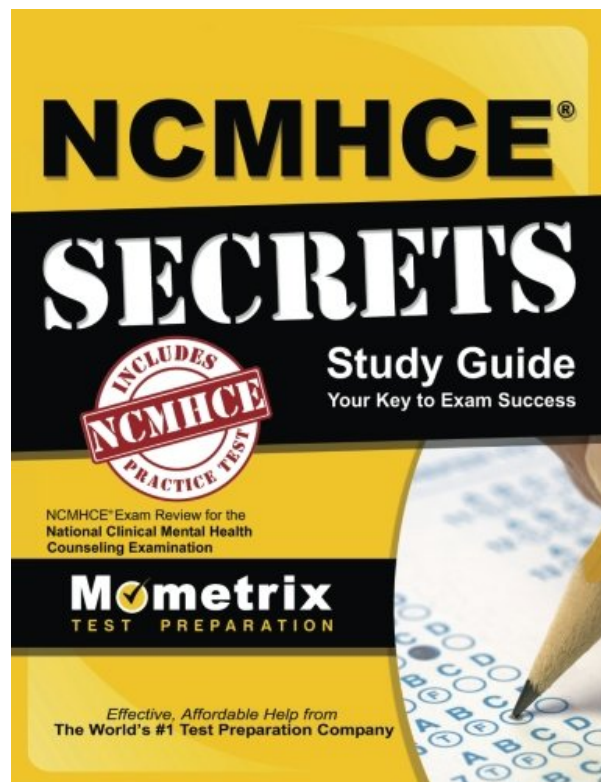
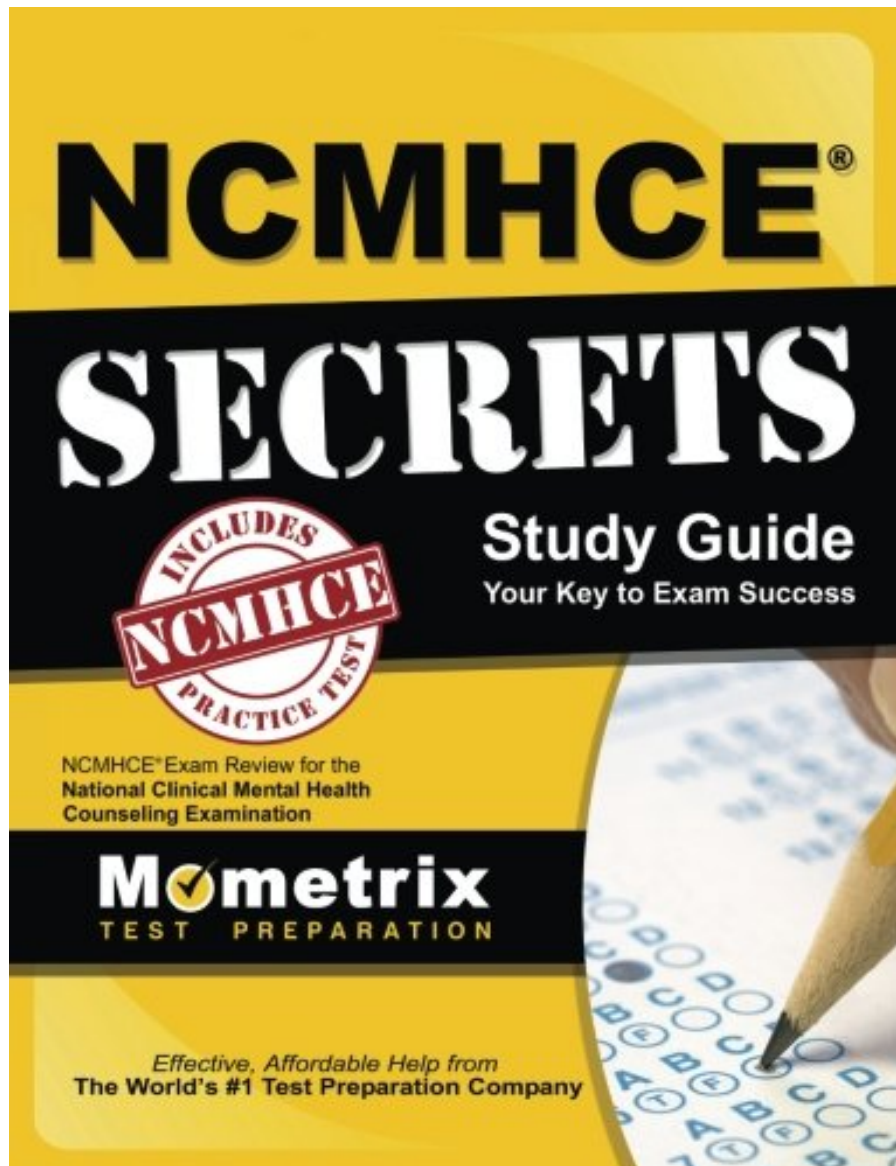


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Don't buy this book... It is obviously written by someone (no author name is included) who had some other, non related, review book already made and tried to tailor it to the NCMHCE. It is not at all comprehensive. The content covered in the book is completely unrelated to the exam...covering biopsychology, credentialing, education, training, and statistics to name a few- none of which are actual content areas on the exam. Then things that should be covered, common treatments, assessment measures and tests, and interventions are not covered directly or comprehensively. There is a practice test (the only part I ended up using), which I am pretty sure has some mistakes in it, based on contradictions in the answer explanations. For example one scenario stated that the MSE was appropriate, but in the explanation as to why, they described an entirely different test. There is a section that covered Diagnoses, which is okay, but I find the DSM-V way more straightforward. How this book is rated so high on Amazon is completely beyond me.

6 of 7 people found the following review helpful.

Nearly as frustrating as house-crushing tree services.

By Dave White

The only purchase I have been more disappointed in was when a team hired to cut down three trees in our back yard dropped one on our house.

I have taken the exam, and this study guide is useless -- a total waste of money and time. It is poorly written, with grammatical errors and confusing sentence structure. For example: "Elderly can experience a range of emotions whenever loss or death occurs." Not "The elderly" just "Elderly." Never mind why we are wasting ink stating the obvious. If a candidate for licensure really needs to be told that people of all ages experience emotions in response to loss, we have some fundamental problems.

This study guide also contains long passages of information that have nothing to do with the exam, like the "history of professional certification," "CACREP accreditation," or how to lobby congress (not joking). But more important and salient information, like HIPPA, is only given a glance: "Ask your attorney to explain your HIPPA duties." The authors, if this study guide was in fact written, not generated by Microsoft's Twitter bot, have far more important information to include, like: "The first recorded use of cocaine in the U.S. was as tea in 1596 by the Spaniards."

It also contains poorly researched or incomplete information. For example, Brief Crisis Intervention Therapy is a controversial treatment, and some studies indicate it may have harmful effects long-term. Is this



mentioned in the description of the therapy? No, it is not. Massive passages in this text have absolutely no citations. It also contains crushing generalizations. In the cultural competency section, two pages after stating that "The [Mental Health Counselor] must not generalize any culture too much," the text goes on to say "African Americans and Asian cultures have firm beliefs that the person should solve the problem with the help of family members. However, to seek help outside of the family is unthinkable." No much-needed qualifiers here.

Do not purchase this study guide, unless you have a Masochism Fetish. Or if you want an ugly, \$50 paper weight. I am stopping the cycle here and composting mine, rather than passing it on to a new victim. I expect great, redemptive satisfaction upon seeing our earthworms poop it out, and watching it nourish our winter greens.

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